

**Jackson County School District
Substance Use and Abuse Health
Education
Implementation Plan (Grades K-5)**



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Jackson County School District Substance Use and Abuse Health
Education Implementation Plan

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Substance Use and Abuse Health Education Curriculum Overview

In an effort to build resiliency among our youth and to foster safe environments conducive to student learning, the Jackson County School District will require that all students in Grades K-5 complete instruction each year with regards to Substance Use and Abuse Health Education. The chosen Too Good for Drugs curriculum at the elementary school level has lessons designed that are tailored to the intellectual, cognitive, and social development of the student. Interactive games and activities help students visualize and apply the strategies and skills directly, so they can begin to apply them in their daily life right away.

Substance use and its effect on the body are introduced when developmentally appropriate. In the youngest grades, the lessons develop an understanding of what is healthy to put in the body and what is not. This foundation prepares students for discussions about tobacco, alcohol, and other drug use in later elementary years. The content presented within the curriculum to address Substance Use and Abuse Health Education, as required by the State Board of Education Rule 6A-1.094122, F.A.C. is as listed below:

- Safe Use of Medicines- Grades K-5
- Effects of Tobacco Use-Grades 2-5
- Effects of Alcohol Use-Grades 3-5
- Effects of Marijuana Use- Grade 5

The additional curriculum concepts included within the program are as follows:

- Managing Mistakes and Disappointment
- Resisting Peer Pressure
- Understanding Peer Influence
- Making Healthy Choices

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Instructional Delivery

1. The Substance Use and Abuse Health Education will be delivered by Jackson County School District employed K-5th grade elementary teachers that are certified by the State of Florida Department of Education and have been trained in presenting the Too Good for Drugs program effectively by following approved policies, procedures, and evidence-based practices. The curriculum meets the ruling requirement of instruction with course specification per grade that is developmentally appropriate. Instruction will be delivered in the following courses:

Grade Level:	Course Delivered:
Kindergarten	Physical Education
1st Grade	Physical Education
2nd Grade	Physical Education
3rd Grade	Physical Education
4th Grade	Physical Education
5th Grade	Physical Education

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Professional Qualifications

1. The Jackson County School District school based Physical Education instructors designated to assist with the Too Good for Drugs curriculum have been trained in presenting the Too Good for Drugs program effectively by following approved policies, procedures, and evidence-based practices. The instructors must have a minimum of a Bachelors' Degree and be certified by the State of Florida Department of Education.

2. Oversight and implementation of the Too Good for Drugs curriculum will be conducted by the Director of Transportation, Health, and Safety and the Lead Mental Health Counselor for Jackson County School District. The combined qualifications of the two staff are as follows:
 - A. Certified School Safety Specialist
 - B. Fortify FL Administrator
 - C. Youth Mental Health First Aid Trainer
 - D. Threat Assessment Trainer (Dewey Cornell Model)

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Materials and Resources

1. The Jackson County School District has chosen to purchase and provide the Too Good for Drugs program curriculum to all Kindergarten through fifth grade students. The Too Good for Drugs curriculum meets the ruling requirement of instruction, as required by the State Board of Education Rule 6A-1.094122, F.A.C., with Substance Use and Abuse Health Education course specification per grade that is developmentally appropriate and skill building, which advances each year with student progression.

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Data Tracking & Reporting

1. The Director of Transportation, Health, and Safety and the Lead Mental Health Counselor for Jackson County School District will provide a report to the Commissioner of Education by July 1st of each year verifying completion of instruction.
2. The Director of Transportation, Health, and Safety and the Lead Mental Health Counselor for Jackson County School District will monitor completion of the Too Good for Drugs instruction, to meet the requirement of the Substance Use and Abuse Health education for all Kindergarten through 5th grade students, issued by the State Board of Education Rule 6A-1.094122, F.A.C.